



Parenting: Contemporary Clinical Perspectives

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Parenting: Contemporary Clinical Perspectives offers fresh insights into treating parents and their children that highlight the evolving role of parents throughout the lifespan and amidst contemporary social pressure and change. By drawing from their own personal experiences as well as those from clinical practice, distinguished clinicians and analysts examine each phase of parenting through a variety of lenses to tackle our biggest parenting questions. While we must be highly present for our children to help them develop a sense of self-worth, we must simultaneously step back if we want them to develop a sense of autonomy and individuality. As our role as parent changes, how can we maintain a sense of grace, humor, and perspective? How can our work in practice inform and enrich our parenting, and vice versa? Thoughtful and engaging, this volume is a valuable resource for family therapists and clinicians, especially those who are parents themselves.

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