



# Psoriasis: A Patient's Guide

*Nicholas J. Lowe*

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## **Psoriasis: A Patient's Guide** Nicholas J. Lowe

Psoriasis is one of the most common skin diseases, affecting one in 50 adults. Its markings can make patients feel ashamed & unattractive, which can lead to psychological distress. And when the skin symptoms combine with related ailments like psoriatic arthritis, patients can understandably become depressed & disabled. Here is a comprehensive, source of info. on psoriasis for the public. Contents: What is Psoriasis; Learning to live with Psoriasis; Psoriasis in special sites: scalp, nail, skin-fold & genitals; special treatments & care required; Psoriatic arthritis; Children with psoriasis; Topical therapy; Sunbathing, ultraviolet & PUVA therapy; Oral & injectable medications; Future hopes for finding a cure; Case studies; & Q&A about psoriasis. Color illus.

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