



# Geriatric Nutrition & Diet 3e

*Marie Jaffe*

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## **Geriatric Nutrition & Diet 3e Marie Jaffe**

- Nutritional problems are discussed within a nursing process format- Sections on GI anatomy and physiology with age-related changes and corresponding path-flow sheets are outlined- Complete gastrointestinal/nutritional assessments are given with age-related tips for interviewing and physical examinations- Sample diets with menus and exchange lists are geared to geriatric populations and are provided in table format- Drugs and common drug interactions related to nutrition/diet therapy are included- Procedures dealing with feeding problems in the elderly outline specific nursing interventions and rationales- Diagnostic and laboratory tests that relate to the gastrointestinal system and nutrition, how the test is performed, and the nurse's responsibilities are discussed- Provides practical suggestions for improving/maintaining the nutritional health of the older patient, relying on readily-available foods- Incorporates the most current practice guidelines in the management of diabetes, which affects almost one in five adults over the age of sixty-five

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