

Is Your Horse 100%?: Resolve Painful Limitations in the Equine Body with Conformation Balancing and Fascia Fitness

Margret Henkel

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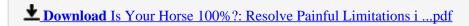
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In this highly illustrated guidebook, professional equine bodywork practitioner Margret Henkel introduces readers to the "internet" of the horse's fascia or myofascia connective tissue—the gossamer, elusive tissue that organizes horse and human bodies—detailing how horses can literally be transformed with simple hand contact by riders, owners, or horsecare professionals. Tour the horse's fascia, from nose to tail, as Henkel discusses the secrets of conformation and how the horse fits together. Discover how the "Still Point" releases horses psychologically from old stuck trauma memories held in their fascia cells.

This new tool for advancing your horse's body health, as well as dissolving mental trauma and restoring his emotional balance, can help soften the poll, connect with the mouth, restore elasticity to the pelvis, open the shoulders, achieve optimal freedom of movement, form a stronger partnership, clarify communication, and extend years of health and performance. Conformation Balancing is a new frontier in equine bodywork; its results are vast, progressive and lasting.



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