

# Learning to Be Kind and Understand Differences: Empathy Skills for Kids With AD/HD

Judith Glasser, Jill Menkes Kushner

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Learning to Be Kind and Understand Differences is a practical guide that aims to teach kids with AD/HD how to better get along with their peers, understand what they are feeling, and learn to recognize and talk about the feelings of other people. Includes interactive activities, a "Message to Readers," and "Resources for Parents, Teachers, and Counselors."



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