



Ultimate Juicing: Delicious Recipes for Over 125 of the Best Fruit & Vegetable Juice Combinations

Donna Pliner Rodnitzky

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Tantalizing Recipes to Tingle the Taste Buds

Cold, delicious juice drinks never go out of style. They're perfect in any kind of weather and at any time of day. Most important, they're as nutritious as they are mouth-watering. *Ultimate Juicing* overflows with 125 great-tasting fruit and vegetable drinks that use the sweet, zesty juices of everything from apples to tomatoes. Inside, you'll discover a wealth of fun and easy-to-prepare recipes for the most delectable fruit and vegetable drinks imaginable, including:

- Adam's Apple
- Berry the Hatchet
- The Beet Goes On
- Grin and Carrot
- Cool Hand Cuke
- Heard It Through the Grapefruit
- First Mango on the Moon
- And many more!

With a nutritional analysis for each recipe, you can create both healthy and delicious treats from home in this delightful countertop partner to *Ultimate Smoothies*.

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