



Health, Nutrition & Fitness (Essential Equine Studies) (Bk. 2)

Julie Brega

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This title is the second in a series of four books produced for college students on equine degree courses. Designed for clarity and ease of reference with a list of aims and objectives preceding each chapter, the book deals with complex issues on a step-by-step basis and provides detailed explanations of technical and scientific terminology. Question boxes act as reminders and revision aids throughout. The contents include: routine health care; the foot and shoeing; teeth and worming; nutrients; the digestive process; feeding and feedstuffs; rationing; and physiological adaptations to training, fitness, work and exercise programs.

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