



# The Flavour Principle: Enticing Your Senses With Food and Drink

*Lucy Waverman, Beppi Crosariol*

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Every great dish has a centre of gravity, a flavour or essence that pulls together other ingredients into a coherent and compelling whole. Indian curry spices, fiery Thai chilis, lemony citrus, smoky barbecue rubs—these are all flavours that we adore and that get our taste buds asking for more. Flavour is, quite simply, what makes us passionate about food and drink. At last, here is a cookbook that focuses on this fundamental concept.

Organized around eleven distinctive tastes, from spicy to tart to bitter and beyond, *The Flavour Principle* features more than thirty gorgeous menus with complementary—and sometimes surprising—beverage pairings. Covering flavours from all over the world, this cookbook is a journey around the globe. Modern and eclectic in approach, *The Flavour Principle* has broad appeal to food and wine lovers. Like *A Matter of Taste* before it, *The Flavour Principle* sets a new standard in food and- beverage pairing cookbooks.

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