



Chronic Cardiac Care: A Practical Guide to Specialist Nurse Management

Simon Stewart, Sally Inglis, Anna Hawkes

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This is a practical book for nurses on the management of patients with chronic cardiac disease. With the number of patients who have survived a heart attack but need continuous monitoring increasing, the role of nurse specialists is becoming ever more important.

This book provides the necessary information for them to fulfil the role. It complements the lead author's earlier book, *Improving Outcomes in Chronic Heart Failure*, by providing the details of clinical management for working directly with patients (e.g. therapeutic targets in hypertension) and for working with patients to ensure compliance with medication.

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