



## **Pediatric Sleep Pearls**

*Lourdes M. DelRosso, Richard B. Berry, Suzanne E. Beck, Mary H Wagner, Carole L. Marcus*

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Following in the steps of the bestselling *Sleep Medicine Pearls*, this practical resource provides **authoritative guidance on the evaluation and management of common pediatric sleep medicine problems** using concise clinical vignettes. Experts in this rapidly growing field, led by Drs. Lourdes M. Del Rosso, Richard B. Berry, Suzanne E. Beck, Mary H. Wagner, and Carole L. Marcus, provide a hands-on, case-based approach, perfect for physicians studying for the sleep boards, fellows learning sleep medicine, and physicians who see children in their practice.

- **Consult this title on your favorite e-reader**, conduct rapid searches, and adjust font sizes for optimal readability.
- **Over 95 cases** review key elements in the evaluation and management of a wide variety of pediatric sleep disorders.
- An **easy-to-read "pearls" format** summarizes 2 to 5 major teaching points for maximum retention. **Short, templated chapters** are ideal for use by busy physicians.
- **Current scoring criteria** from the American Academy of Sleep Medicine manual for sleep and associated events version 2.2, as well as the current International Classification of Sleep Disorders, 3rd Edition (ICSD-3).
- **Expert coverage** of normal sleep in children, as well as sleep disorders associated with common medical, neurologic, psychiatric, neurodevelopmental, and genetic conditions.
- **Up-to-date information** on pediatric obstructive sleep apnea syndrome diagnosis and management.
- **Numerous illustrations** of polysomnographic fragments and pictures of clinical findings help you quickly recognize key pediatric sleep patterns that lead to an accurate diagnosis. All illustrations online are in full color.
- **An ideal resource** for pediatric sleep medicine specialists, adult sleep medicine specialists, pediatric pulmonologists, pediatric neurologists, pediatric otolaryngologists, general pediatricians, and pediatric psychologists.

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