



Eagle Eyes: A Child's Guide to Paying Attention (The Coping Series)

Jeanne Gehret

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This child who has ADD (ADHD, attention deficit disorder) is fascinated with nature, but when he's outdoors his ADHD negatively affects his family dynamics—not to mention his schoolwork and self-esteem. The hallmarks of ADHD—impulsivity, distractibility, and hyperactivity, as well as difficulty sleeping—are clearly shown in this story. This revised edition gives recent descriptions of the ADHD treatment process, including relaxation techniques, medication, and an entire song that children can sing to help them gather school materials before leaving home. Discussion starters to help parents and professionals expand on the meaning of the book are included for use with individuals or groups of children.



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Jeanne Gehret

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