



Parenting Better Children: An 8 Week Skills Training Guide To Reach, Teach & Empower

Jennifer Wilke-Deaton

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Parenting Better Children is an all-in-one package to manage behavior before it becomes clinically significant. Author Jennifer Wilke-Deaton has gone back to the basics and provides a fresh start to develop a new set of building blocks, detailing an 8-week course that includes straightforward teaching methods, outlines and handouts for skills training and troubleshooting solutions.

- *New tools for positive behavior management and emotion regulation
- *Recognizing escalation - and what to do about it
- *Reversing the negative impact of video games and aggressive media
- *Invaluable resource for parents, clinicians, school staff and other professionals
- *Strategies keying on CBT and DBT
- *Effective attachment relationship building between children, parents, school staff
- *Support planning for children and families that lasts long after group time has ended

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