



Improve Your Sailing IQ: The Dry-Land Workout to Improve Your Skills on the Water

John Driscoll

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Few sailors can claim they have nothing more to learn about sailing, and this innovative book will help them all sharpen their skills. *Improve Your Sailing IQ* offers advice to sailors at every skill level, giving them the chance to dream their way through countless hours on the water. It will also help them discover just how knowledgeable they actually are about the sport. Here is valuable and simple-to-digest instruction on all aspects of sailing from one of the sport's top instructional writers. He introduces each situation in an easy question-and-answer format, posing a problem, allowing readers to work through it, then providing an expert answer. Readers improve their sailing skill simply by thinking about the details of sailing and working out hypothetical problems. Instruction has never been this easy—or this much fun!

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