



Conflicted Hearts: A daughter's quest for solace from emotional guilt

D. G. Kaye

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A lifetime of guilt -- What does it take to finally break free?

'Somehow I believed it was my obligation to try to do the right thing by her because she had given birth to me.'

Burdened with constant worry for her father and the guilt caused by her mother's narcissism, D.G. Kaye had a short childhood. When she moved away from home at age eighteen, she began to grow into herself, overcoming her lack of guidance and her insecurities. Her life experiences became her teachers, and she learned from the mistakes and choices she made along the way, plagued by the guilt she carried for her mother.

Conflicted Hearts is a heartfelt journey of self-discovery and acceptance, an exploration of the quest for solace from emotional guilt.

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