



Spiritual Gardening: Creating Sacred Space Outdoors

Peg Streep

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Creating a garden that is a spiritual sanctuary — a calm refuge from the stresses of everyday life, a soothing balm for heart and soul — is within every gardener's reach. This book looks at the garden as a place to engage the senses and connect the spirit to nature. Gardens, whether small urban plots or larger country spaces, can become places to foster personal growth and spiritual awareness. *Spiritual Gardening* is resplendent with illustrations and color photos throughout, illuminating how to create your own special outdoor retreat.

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