

Love to Eat, Hate to Eat: Breaking the Bondage of Destructive Eating Habits

Elyse Fitzpatrick



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Love to Eat, Hate to Eat: Breaking the Bondage of Destructive Eating Habits Elyse Fitzpatrick Not just another diet book, Elyse Fitzpatrick helps women make realistic, practical steps toward proper eating, health, and emotional balance. With biblical guidelines for victory, this book is ideal for Christian women who want to fully yield this area of their lives to the Lord.

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