



# A Survival Guide to the Stress of Organizational Change

*Price Pritchett, Ron Pound*

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## **A Survival Guide to the Stress of Organizational Change** Price Pritchett, Ron Pound

Shows employees how they can avoid 15 basic mistakes that create major stress in the workplace. By all accounts, the pace of business will continue to accelerate in the years to come, and for many that means more stress-stress which will almost certainly affect job performance and satisfaction. This easy-to-read handbook explains the sources of stress and provides practical, usable tips for reducing it.

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