



## **Keeping the Faith Without a Religion**

Roger Housden



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#### A Compelling Exploration of the Emerging Secular Spirituality

What is faith? It is not something we must receive from a religion, nor is it a quality we must abandon in order to be rational. "Faith is not the same as belief," writes bestselling author Roger Housden. "A nonreligious faith allows us to live with uncertainty, change, and mortality?to embrace life in all its sublime beauty." For the many who self-identify as "spiritual but not religious," Housden's book *Keeping the Faith Without a Religion* offers us a way to embrace the extraordinary mystery of our lives without resorting to blind dogmatism or nihilistic scientism. He invites us to investigate:

- Faith and belief?how our hunger for certainty and easy answers impedes the growth of a mature spirituality
- Guidance for building a personal faith based on your own inner experience
- How faith in life's uncertainty can lift us through hard times?even when we know there are no guarantees
- Love, joy, and beauty?what these experiences can teach us about the intelligence of the universe

Today, many of us seek a new approach to spirituality that honors both the rational and the mystical in equal measure. With *Keeping the Faith Without a Religion*, Roger Housden offers a guidebook for free-thinking seekers?an inspiring call to step beyond the need for one absolute truth and trust ourselves to the unfolding of our singular, extraordinary life.

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Keeping the Faith Without a Religion can be one of your basic books that are good idea. We all recommend that straight away because this book has good vocabulary that will increase your knowledge in vocab, easy to understand, bit entertaining but nevertheless delivering the information. The article author giving his/her effort to set every word into satisfaction arrangement in writing Keeping the Faith Without a Religion yet doesn't forget the main place, giving the reader the hottest in addition to based confirm resource facts that maybe you can be certainly one of it. This great information can certainly drawn you into brand new stage of crucial thinking.

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