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Secrets to Happiness: A Novel

Sarah Dunn



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Holly Frick has just endured the worst kind of breakup: the kind where you're still in love with the person leaving you. While her wounds are still dangerously close to the surface, her happily married best friend confesses over a bottle of wine that she is *this* close to having an affair. And another woman comes to Holly for advice about her love life--with Holly's ex!

Holly decides that if everyone around her can take pleasure wherever they find it, so will she. As any self-respecting 30ish New York woman would do, she brings two males into her life: a flawed but endearing dog, and a good natured, much younger lover. She's soon entangled in a web of emails, chance meetings, and misguided good intentions and must forge an entirely new path to Nirvana.

From the author of *The Big Love*, *Secrets to Happiness* is a big-hearted, knife-sharp, and hilariously entertaining story about the perils of love and friendship, sex and betrayal--and a thoroughly modern take on our struggle to be happy.

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Diane Williams:

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