



# Tennis Science (Sports Science)

*Patricia Bow*

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## **Tennis Science (Sports Science)** Patricia Bow

This book looks at the lightning-fast, hard-hitting game of modern tennis. It explains how players are turning to science and technology to help stay on top of their game. They are using racquets made from the latest high-tech materials to hit harder shots, and are using the latest training techniques to build endurance and strength.

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