



## The Complete Hot and Spicy Cookbook

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# The Complete Hot and Spicy Cookbook

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Chili pepper, root ginger, Sichuan pepper, curry, and more are fostered here as the main ingredients for over 300 recipes that will elevate your tolerance for spice. Whether you're in the mood for Thai, Mexican, fish, poultry, or vegetables, start your tastebuds tingling with this variety of recipes. Full instructions are provided for each recipe, and every one is superbly illustrated in color. Background information on ingredients, equipment and cooking techniques is followed by chapters ranging from soups and starters to accompaniments, including meat, fish and poultry, and a range of vegetable dishes.

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